



A guide to...

Ureteric stent for endoscopic removal

Important patient information, please read.

Date of insertion: _____.

Approximate length of time stent should be removed: _____.

Patient details or
label

Your ureter is your natural tube that connects the kidney to the bladder. This stent is a flexible plastic tube that is placed into your ureter and begins in your kidney and ends in your bladder, but is less than 3mm in width. We have placed this to ensure that your kidney is draining appropriately after your surgery. They are NOT permanent and must be removed after a specified time. Your surgeon will tell you how long your stent should be left in your body.

What should you expect?

While you have the stent in your body you may have the following symptoms:

- Back pain towards the side, especially when you pass urine with pain in the bladder area
- Blood in the urine, increased frequency of urination and urgency

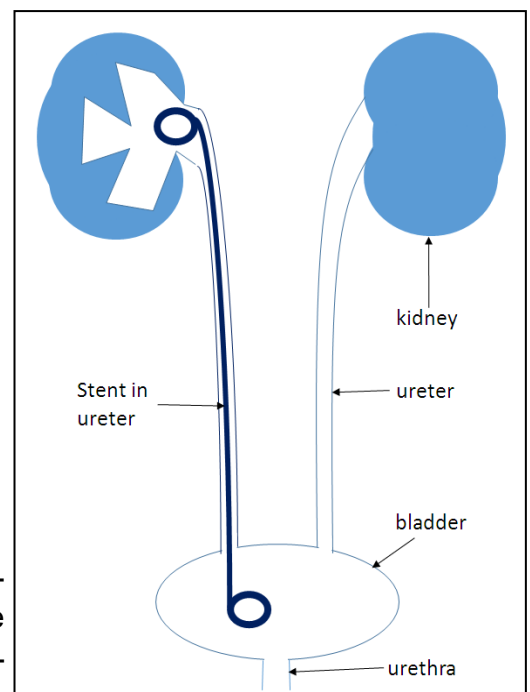
When should you see a doctor urgently?

You should attend A&E if you have the following:

- Fever
- Inability to pass urine

How is the stent removed?

You will attend the endoscopy unit at Hemel Hempstead Hospital where you will be given a local anaesthetic gel into the urethra (urine passage). Whilst you are awake, a slim cam-



era is inserted into your bladder via your urethra and the stent and pulled out through your urethra. There is a small risk of infection and bleeding after this. It can be uncomfortable and sometimes causes mild pain, but the procedure lasts only a few minutes.

What if I have not been sent an appointment for removal?

You will be contacted by the endoscopy department with an appointment. If after 10 days from your surgery, you have not been sent an appointment, please contact the endoscopy department on 01442 287 692 or your consultants secretary below.

Can I rearrange my appointment for stent removal?

It can be difficult to rearrange your time for your stent removal. If you are unable to attend please contact endoscopy on 01442 287 692.

Below are the contact details of your Consultant Urologist secretaries:

- Mr T Shaikh: 01727 897 147
- Mr F Banks: 01923 217 521
- Mr J Roux: 01727 897 116
- Mr S Shah: 01923 217 052
- Mr V Arumuham: 01923 217064

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If you need this leaflet in another language, large print, Braille or audio version, please call **01923 217198** or email westherts.pals@nhs.net